

Ellen Nason, MSN, BSN, NP, RN, AGPCNP-BC, AOCNP

NP, Durham VAMC
MS: 111-g
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Education:

Seattle Pacific University, Seattle, WA
MSN, NP Pathway, Adult and Geriatric Focus, June 2007

Bellevue Community College, Bellevue, WA
RN Refresher Course, May 2004.

Minot State University, Minot, ND
BSN, June 1985.

Honors:

Fellow, Leadership Development Institute Oncology Nursing Society, 2010
Honoree at Johnson & Johnson Promise of Nursing Gala, 2006.

Licensure:

North Carolina, NP License #5006398
North Carolina, RN License #260783

Certifications:

ANCC, Certification. Adult and Geriatric Primary Care Certified Nurse Practitioner
ONCC, Certification. Advanced Oncology Certified Nurse Practitioner
American Heart Association. BLS
American Heart Association. ACLS.

Professional Activities:

Advanced Providers Hematology and Oncology, 2016 - present.
American Association of Nursing and North Carolina Nurses Association, 2015 - present.
Triangle Oncology Nurse Society: 2013 - present
Association of VA Hematology and Oncology, 2009 - present.
Oncology Nurse Society: 2008 - present
Gerontological Advance Practices Nurses Association, 2011 - 2016
Legislative Chair PSONS, 2010 - 2013
Puget Sound Oncology Nurse Education Consortium, 2010 - 2013
Department of Health WA Cares about Cancer Steering Committee, 2010 - 2012
Task Force for Survivorship and Palliative Care, 2010 - 2013
Leadership Development Institute Oncology Nursing Society Fellow - 2010
International Association for Human Caring, 2009 - 2010

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Puget Sound Oncology Nurse Society 2008 - 2013
Sigma Theta Tau: 2005 - 2011
American Academy of Critical Care Nurses, 2003 - 2008.

Professional Experience:

February 2019 - Present **Durham VA Medical Center, Durham, NC**
Cancer Care Coordinator / Advanced Practice Provider in Hematology and Oncology

Provides care coordination for oncology patients in outpatient specialty clinic, including new patient consults. Obtains pathology from outside facilities, orders and tracks special molecular testing. Orders labs, imaging at other VA systems within our VISN by either ordering directly (Fayetteville) or contacting primary care (Salisbury) or other coordinators (Asheville) and/or working with traveling coordinators. Also, manage a panel of cancer surveillance/survivors patients, ordering their imaging, labs, assessing for recurrence and secondary malignancies. Strong focus on quality of life, health promotion, smoking cessation

- Member and scribe of multi-disciplinary thoracic oncology conference (tumor board)
- Member of VISN 6 Whole Health Committee for Oncology Implementation of Whole Health

July 2013 – February 2019 **Durham VA Medical Center, Durham, NC**
Nurse Practitioner / Advanced Practice Provider in Hematology and Oncology

Provides clinical care of oncology patients in outpatient specialty clinic, including new patient consults. Performs assessment, diagnosis, treatment planning, and management of cancer, chemotherapy, and side effects. Performs and documents complete, system-focused, symptom-specific physical examinations for patients and evaluation and management of toxicities related to cancer and its treatment. Manage complex patients with a multitude of co-morbidities and psycho-social issues. Collaborate with multi-disciplinary team to provide evidence-based cancer care.

- Participation in clinical trials
- Member of multi-disciplinary thoracic oncology conference (tumor board) liver tumor conference, and GI Conference.
- Ongoing Preceptor for UNC NP students.

Jan 2008 - July 2013 **Puget Sound VA Medical Center, Seattle, WA**
ARNP/Advanced Practice Provider in Cancer Care Clinic/Assistant Nurse Manager

Direct clinical care including assessment, diagnosis, and management of cancer, chemotherapy, and side effects. Performed and documented complete, system-focused, symptom-specific physical examinations for patients and evaluation and management of toxicities related to cancer and its treatment. Managed complex patients with a multitude of co-morbidities and psycho-social issues. Assigned to provide Bone Marrow Biopsies and Aspirations. Collaborated with multi-disciplinary team to provide evidence based cancer care.

- Cancer Care Committee, interdisciplinary facility committee whose primary purpose is the establishment and maintenance of an accredited cancer program that assists Veterans and their families through their continuum of care.
- Member of VISN 20 Cancer Care Collaborative, multi-disciplinary group from the Pacific Northwest Network that met to collaborate, network, and discuss the sharing of resources, programs to better serve the Veterans in Alaska, Washington, Idaho, and Oregon.
- Co-chaired a committee along with Palliative Care and Social Work, to adapt and create a tool to use in the cancer care clinic to measure symptom burden and gather and provide information to Providers to direct their care towards lessen distress

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- Transfusion Committee, facility multi-disciplinary committee that meets to ensure policies and practice are evidenced based and safe practice, as well as quality of care.
- Project: "Bringing telehealth to the rural Veteran with Cancer and other life limiting illness." Project in collaboration with Palliative Care whose aim was to determine whether being involved with a tele-health program would lessen emergency room visits and hospital visits.
- Puget Sound VAMC representative in Puget Sound Oncology Nurses Educative Cooperative, bi-annual presentation of Oncologic Emergencies to nurses training to become specialized in Oncology.
- Co-facilitate support group for cancer patients with active or history of addictions in collaboration with NP from outpatient substance use clinic to manage distress Nursing Bio-ethics Committee
- Participated in clinical trials

Jun 2003 - Jan 2008

Puget Sound VAMC, Seattle, WA

Staff Nurse, PARU / SICU

- PARU: Provided direct patient care and pain management for patients recovering from anesthesia and surgery, including ambulatory surgery and inpatient surgery.
- Preceptor for students from Shoreline Community College
- Served on Leadership Committee for Beacon Goal Program
- SICU: Provided direct patient care for critically ill patients requiring cardiac and hemodynamic monitoring, complex assessment, and mechanical ventilation. Patients included cardiovascular, vascular, thoracic, and medically complicated general surgical patients.
- Nursing Bio-ethics Committee.
- Served on Leadership Committee for Beacon Goal Program
- Goal Sharing Hospital Committee 2006 Hand Hygiene
- Charge Nurse
- Preceptor for RN students
- Nursing Bio-ethics Committee
- Attended ICU Consortium Jun 2003

Jan 2003 - Jun 2003

Messenger House, Nursing Care, Bainbridge Island, WA

Charge Nurse

- Provided direct resident care, including assessment, documentation, and communication with family and other healthcare professionals
- Supervised nursing care assistants for 20 to 30 residents of skilled-care facility with a variety of needs including rehab, hospice, Medicare, and geriatric psych.

July 1991 - Aug 1994

Puget Sound VAMC, Seattle, WA

Staff Nurse

- Provided direct patient care for a variety of inpatients with IV devices including PICC lines, central and peripheral lines, and Hickman catheters.
- Provided outpatient care and home teaching for patients discharged with home IV therapy.
- Staff education on the care of central line

Feb 1991 - Aug 1991

Brooke Army Medical Center, San Antonio, TX,

Lt Army Nurse Corp

In support of Desert Storm

- Charge nurse evening shift
- Preceptor for LPN students
- Completed Combat Causality Care Course, ATLS.

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Oct 1989 - Feb 1991
Staff Nurse

Minneapolis VA Medical Center, Minneapolis, MN

- Completed ICU Course
- Member of QA Committee

Sept 1985 - Oct 1989
Staff Nurse

St. Joseph's Hospital, Minot, ND

ER:

- Provided immediate and urgent care to a variety of medical, surgical, psychiatric, and pediatric patients.
- Completed trauma course/TNNC
- ACLS

PACU:

- Provided immediate postoperative care to adult and pediatric patients.
- Cardiac Dysrhythmia Course
- Member of Hospital Education Committee.
- BLS Instructor, American Heart Association

General Hospital:

- Primary nursing care
- Team leader

Military Experience:

Feb 1991 – Jul 1991
Medical Surgical Nurse, MICU

Brooke Army Medical Center, Fort Sam Houston, TX

Desert Shield / Desert Storm, Active Duty

Mar 1988 – Mar 1996
Active Reserve

US Army Reserve Nurse Corps

Honorable Discharge as Captain

Research:

- Nason, Ellen M. (2007) Analysis of Documentation of Assessment, Management, and Reassessment of Pain in the Critical Care Setting. Scholarly Project, Seattle Pacific University, Seattle, WA.

Assisted Research:

- Boyle,R., Hamilton-Hill,S., Nason,E, Kelley M, Friedman D (2015) Measuring symptoms in receiving care in a hematology-oncology clinic using the veteran's assessment scale (VSAS). Durham VA, Durham NC.
- Virtue, Jerry (2012) "Bringing telehealth to the rural Veteran with Cancer and other life limiting illness." Pilot study/QA

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Professional oral presentations:

- Moore, M. and Nason, E. End of Life Education, Durham VAMC, Durham NC, 2016
- Thompson, N., Nason, E., Richardson, D. Caring for the Older Adult with Cancer. Valley Medical Center, Renton WA, Sep 2012
- Nason, E. Oncologic Emergencies. PSONEC, Swedish Medical Center, Cherry Hill, Seattle WA, Oct 2011
- Nason, E. Oncologic Emergencies. PSONEC, Swedish Medical Center, First Hill, Seattle, WA, Feb 2011
- Nason, E. Oncologic Emergencies. PSONEC, Harborview Medical Center, Seattle, WA, Sep 2010

Volunteer Experience:

Aug 1994 - Jan 2003
Washington Area

La Leche League, Bainbridge Island, WA

ACLA:

- Worked with Leaders and Leader Applicants throughout Washington State to assist mothers in preparation for leadership. Led sessions at Area Conferences and District Workshops.

District Advisor:

- Leader support and facilitated communication between area and local leaders. Organized District Workshops.

Group Leader:

- Led monthly meetings. Managed group and group resources including treasury, publicity, and library. Provided advice for women needing breastfeeding advice.
- Published in LLI mother support journal New Beginnings Advice Column.
- Completed Evergreen Hospital lactation course and received IBCLC certification in Aug 2002.