901 Poplar Street Durham, NC 27703 206-354-0204 ellen@nason.net

# **Summary**

Cancer Care Coordinator for Hematology and Oncology at the Durham VA. Communicates with patients and multi-disciplinary teams in support of Veterans who are initiating care and assisting with the coordination of care in a complex medical situation. High degree of independent and collaborative judgement and clinical skill in navigating transitions of care.

Nurse Practitioner with advanced, in-depth, knowledge on the care of adults and elders, and clinical experience in oncology and oncology survivorship and surveillance. Advanced practice registered nurse practitioner in the state of North Carolina with full prescriptive authority; DEA approved for schedules II-IV.

## **Qualifications**

- Collaborates with physicians, pharmacists, nurses, social workers, and other health professionals
  providing quality patient care within the NP scope of practice.
- Practice that focuses on primary prevention, quality of life and enhancement of optimal health with shared decision making
- Highly committed to the care of Veterans as evidenced by a consistent attention to patient advocacy and compassionate, preceptive patient and family centered care
- Effective in communication with health professional team members, patients and families at points of transition and throughout the trajectory of care.
- Builds satisfying and productive relationships with patients and staff.
- Highly dedicated to see tasks through to completion
- Utilizes broad-based knowledge and assessment skills, multitasking, prioritizing and managing and treating symptoms of cancer and chemotherapy. Orders and interprets appropriately selected laboratory and diagnostic tests for specific patient problems.
- Competently provides patient and family centered support to individuals facing crises.
- Expertly applies the nursing process demonstrating proficiency in patient assessment, diagnosis, planning, implementation, and evaluation for evidence-based patient care.
- Provides mentorship/preceptor to UNC NP students.

#### **Education**

Seattle Pacific University, Seattle, WA

MSN, NP Pathway, Adult and Geriatric Focus, June 2007

Bellevue Community College, Bellevue, WA

RN Refresher Course, May 2003

Minot State University, Minot, ND

BSN, June 1985

# Licensure & Certifications

■ **North Carolina NP:** Approval #: 5006398

■ North Carolina RN: 260783

ONCC AOCNP, Advanced Oncology Certified Nurse Practitioner
 ANA/ANCC Certification, Adult Geriatric Primary Care Nurse Practitioner

■ BLS American Heart Association

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# **Experience**

## Cancer Care Coordinator / Nurse Practitioner,

Hematology-Oncology, Durham VAMC

Feb 2019 – present Durham, NC

Provides care coordination for oncology patients in outpatient specialty clinic, including new patient consults. Obtains pathology from outside facilities, orders and tracks special molecular testing. Orders labs, imaging at other VA systems within our VISN by either ordering directly (Fayetteville) or contacting primary care (Salisbury) or other coordinators (Asheville) and/or working with traveling coordinators. Also, manage a panel of cancer surveillance/survivors patients, ordering their imaging, labs, assessing for recurrence and secondary malignancies. Strong focus on quality of life, health promotion, smoking cessation

- Member and scribe of multi-disciplinary thoracic oncology conference (tumor board)
- Member of VISN 6 Whole Health Committee for Oncology Implementation of Whole Health

#### **Nurse Practitioner**,

Jul 2013 - Feb 2019

Hematology-Oncology, Durham VAMC

Durham, NC

Provides clinical care of oncology patients in outpatient specialty clinic, including new patient consults. Performs assessment, diagnosis, treatment planning, and management of cancer, chemotherapy, and side effects. Performs and documents complete, system-focused, symptom-specific physical examinations for patients and evaluation and management of toxicities related to cancer and its treatment. Manage complex patients with a multitude of co-morbidities and psycho-social issues. Collaborate with multi-disciplinary team to provide evidence-based cancer care.

- Participation in clinical trials
- Member of multi-disciplinary thoracic oncology conference (tumor board)
- Preceptor of UNC NP students

#### ARNP, Mid-level Provider,

Jan 2008 – Jul 2013

Cancer Care Clinic, Seattle VAMC

Seattle, WA

Direct clinical care including assessment, diagnosis, and management of cancer, chemotherapy, and side effects. Performed and documented complete, system- focused, symptom-specific physical examinations for patients and evaluation and management of toxicities related to cancer and its treatment. Managed complex patients with a multitude of co-morbidities and psycho-social issues. Collaborated with multi-disciplinary team to provide evidence based cancer care. Assistant Nurse Manager of Cancer Care Clinic.

- Cancer Care Committee
- Member of VISN 20 Cancer Care Collaborative
- Transfusion Committee
- Project: "Bringing telehealth to the rural Veteran with Cancer and other life limiting illness."
- Puget Sound VAMC representative in Puget Sound Oncology Nurses Educative Cooperative
- Co-facilitate support group for cancer patients with active or former addictions.
- Nursing Bio-ethics Committee
- Participate in clinical trials

#### Staff Nurse, PARU / SICU

Jun 2003 - Jan 2008

Seattle VAMC

Seattle, WA

**PARU:** Provided direct patient care and pain management for patients recovering from anesthesia and surgery, including ambulatory surgery and inpatient surgery.

- Preceptor for students from Shoreline Community College
- Served on Leadership Committee for Beacon Goal Program

**SICU:** Provided direct patient care for critically ill patients requiring cardiac and hemodynamic monitoring, complex assessment, and mechanical ventilation. Patients included cardiovascular, vascular, thoracic, and medically complicated general surgical patients.

- Nursing Bio-ethics Committee.
- Served on Leadership Committee for Beacon Goal Program
- Goal Sharing Hospital Committee 2006 Hand Hygiene
- Promise of Nursing Honoree 2006
- Charge Nurse
- Preceptor for RN students
- Nursing Bio-ethics Committee
- ICU Consortium

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#### **Charge Nurse**

Jan 2003 – Jun 2003 Bainbridge Island, WA

Messenger House Care Center

 Provided direct resident care, including assessment, documentation, and communication with family and other healthcare professional.

 Supervised nursing care assistants for 20 to 30 residents of skilled-care facility with a variety of needs including rehab, hospice, Medicare, and Geriatric psych.

#### Home with my three small children

Aug 1994 – Jan 2003 Bainbridge Island, WA

- Actively involved in several aspects of volunteering at preschool, school, and church.
- Strong involvement with La Leche League, at local, state, and regional levels with administrative, training, fundraising, and speaking responsibilities.
- Published in LLI mother support journal New Beginnings Advice Column.
- Completed Evergreen Hospital lactation course and received IBCLC certification in Aug 2002.

# Staff Nurse, IV Therapy / SICU

Jul 1991 – Aug 1994

Seattle, WA

Seattle VAMC

- Provided direct patient care for a variety of inpatients with IV devices including PICC lines, central and peripheral lines, and Hickman catheters.
- Provided outpatient care and home teaching for patients discharged with home IV therapy.
- Staff education on the care of central lines

#### Staff Nurse, MICU

Feb 1991 – Jul 1991

Brooke Army Medical Center In Support of Desert Storm Fort Sam Houston, TX

- Charge nurse evening shift
- Preceptor for LPN students
- Completed Combat Causality Care Course, ATLS.

#### Staff Nurse, SICU

Oct 1989 - Feb 1991

Minneapolis, MN

- Minneapolis VAMC
- Completed ICU CourseMember of QA Committee

#### Staff Nurse, ER / PACU

Sep 1985 – Aug 1989

Minot, ND

St. Joseph's Hospital

#### ER:

- Provided immediate and urgent care to a variety of medical, surgical, psychiatric, and pediatric patients.
- Completed trauma course/TNNC
- ACLS

#### PACU:

- Provided immediate postoperative care to adult and pediatric patients.
- Cardiac Dysrhythmia Course
- Member of Hospital Education Committee.
- BLS Instructor, American Heart Association

#### **General Hospital:**

- Primary nursing care
- Team leader.

# Volunteer Experience

#### La Leche League

Aug 1994 – Jan 2003 Bainbridge Island, WA

Washington Area

#### ACT.A

 Worked with Leaders and Leader Applicants throughout Washington State to assist mothers in preparation for leadership. Led sessions at Area Conferences and District Workshops.

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#### **District Advisor:**

• Leader support and facilitated communication between area and local leaders. Organized District Workshops.

#### **Group Leader:**

 Led monthly meetings. Managed group and group resources including treasury, publicity, and library. Provided advice for women needing breastfeeding advice.

# Military Experience

# Medical Surgical Nurse, MICU

Feb 1991 – Jul 1991

Brooke Army Medical Center

Fort Sam Houston, TX

Desert Shield / Desert Storm, Active Duty

Mar 1988 – Mar 1996

# **US Army Reserve Nurse Corps**

Active Reserve, Honorable Discharge as Captain

# Research

Nason, Ellen M. (2007) Analysis of Documentation of Assessment, Management, and Reassessment of Pain in the Critical Care Setting, Scholarly Project, Seattle Pacific University, Seattle, WA.

# Academic and Professional Activities

- Association of VA Hematology and Oncology, 2009 present
- Oncology Nurse Society, 2008 present
- ELNEC, APRN consortium, 2014
- Gerontological Advance Practice Nurses Association, 2011 2013
- Trainer/Speaker for Care of the Older Patient with Cancer, 2011
- Leadership Development Institute Oncology Nursing Society Fellow, 2010
- Legislative Chair PSONS, 2010 2013
- Representative for VAMC at the PSONEC, 2010 2013
- Speaker at Fundamentals of Oncology Nursing, 2010 2013
- Task force for Survivorship and Palliative Care, 2010 2013
- Department of Health WA Cares about Cancer Steering Committee, 2010 2012
- International Association for Human Caring, 2009 2010
- **Puget Sound ONS,** 2008 2013
- Honoree at Johnson & Johnson Promise of Nursing Gala, 2006
- Sigma Theta Tau, 2005 2014
- American Academy of Critical Care Nurses, 2003 2008

### References

Available upon request

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